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Dipl.-Psych. Dr. phil. Andreas Rose

Programme for the 5th IVS Specialist Conference
23rd - 24th June 2007

Mindfulness, Acceptance and Compassion: The “Third Wave” in Behavioral Therapy

Location: Stadthalle Fürth, Rosenstraße 50, D-90762 Fürth
Beginning: 23.06.07 - 9.30 am | **End** 24.06.07 – 5.00 pm

Speakers:

Moderated by: PD. Dr. med. Dr. med. habil. Thomas Möslers; Dr. med. Sandra Poppek

Saturday 23.06.2007

- 09.30 - 09.45 am **PD. Dr. med. Dr. med. habil. Thomas Möslers:**
Introduction
- 09.45 – 10.45 am **Lene Handberg, S.T.R.:**
Tendrel – Unity in Duality: View and Psychotherapeutical Application (part 1)
- 10.45 – 11.00 am *Break*
- 11.00 – 12.00 am **Lene Handberg, S.T.R.:**
Tendrel – Unity in Duality: View and Psychotherapeutical Application (part 2)
- 12.00 – 1.00 pm **Dipl.-Psych. Monika Zisterer-Schick:**
Naikan – A Way to Develop Gratitude, Compassion and Self-Responsibility
- 01.00 – 02.30 pm *Lunchbreak*
- 02.30 – 03.30 pm **Prof. Dr. Jon Kabat-Zinn, Ph.D.:**
The Intrinsic Complementarity of Mindfulness, Acceptance, and Compassion in
Mindfulness-Based Interventions such as MBSR (part 1)
- 03.30 – 03.45 pm *Break*
- 03.45 – 04.45 pm **Prof. Dr. Jon Kabat-Zinn, Ph.D.:**
The Intrinsic Complementarity of Mindfulness, Acceptance, and Compassion in
Mindfulness-Based Interventions such as MBSR (part 2)
- 04.45 – 05.45 pm **Claudia Drossel, Ph.D.:**
“From my father I inherited my stature...” Acceptance and Commitment Therapy (ACT)
and Functional Analytical Psychotherapy (FAP) in Context – Basis and Comparison
- 05.45 – 06.00 pm **Discussion with the Speakers of the day**
- 06.00 – 06.30 pm **Dipl.-Psych. Prof. Dr. Toni Forster:**
The Chances of the Human Mind
- 06.30 – 07.00 pm **Chaotic Strings**

Sunday 24.06.2007

- 09.00 - 09.45 am **Gert Tauber:**
Meditation and Body Sense
- 09.45 – 10.00 am *Break*
- 10.00 – 11.15 am **Lene Handberg, S.T.R.:**
Lucid Dreaming in Self-development and Psychotherapeutical Application in Unity in
Duality
- 11.15 – 12.30 pm **Prof. Dr. med. Helmut Renner:**
Prayer and Forgiveness – a Forgotten Dimension of Medicine
- 12.30 – 02.00 pm *Lunchbreak*
- 02.00 – 03.15 pm **Dr. phil. Alexia Meyer-Kahlen:**
The Process of Transformation according to Unity in Duality – a Contribution to the
Dialogue of Religions
- 03.15 – 04.15 pm **Lienhard Valentin:**
Growing with Children
- 04.15 – 04.45 pm **Discussion with the Speakers of the day**
- 04.45 – 05.00 pm **Final Words and Farewells**